

Derby Adult Learning Service

Learning Opportunities for Adults

Courses for Learners with Learning Difficulties and Disabilities

September 2017

Derby Adult Learning Service has a number of courses specifically designed for learners with learning difficulties.

For further details, please contact **Debbie Owen** on 01332 717931 or email debbie.owen@derbyals.org



www.adult-learning-derby.org.uk
enquiries@derbyals.org
Helpline 01332 717900

Course Fees - call the Learner Helpline on 01332 717900 for more information

Qualification Courses

Courses are free for learners who are in receipt of Job Seekers Allowance or Employment Support Allowance (Work Related Activity Group). Learners who are in receipt of other benefits but who are actively seeking work may also be eligible for full fee remission.

Those who can demonstrate they are in financial hardship can apply for help through the Learner Support Fund. For more information call the Learner Helpline on 01332 717900.

Leisure Courses

Learners who are in receipt of a means tested benefit such as Job Seekers Allowance, Employment and Support Allowance, Income Support, Housing Benefit or Council Tax Benefit are eligible for a 50% reduction.

Enrolling on a Course

For more information about, or to enrol on any of these courses, please contact Debbie Owen on 01332 717931, our Learner Helpline on 01332 717900, or visit one of our centres.

Support on your course

If you need support to learn, for example, a support worker, communicator, large print, personal care or specific equipment let us know. We will work with you to identify what you need and how we can best support you.

If you need support to get to your course, we may be able to help you with the costs of your transport.

For more information, contact the Learner Helpline on 01332 717900.

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IT Courses

We have IT courses for you whether you are a complete beginner or can already use a computer.

Beginners - IT Workshop

A practical introduction to using computers. Some of the things you could learn are:

- what the different parts of the computer are and what they do
- keyboard and mouse skills
- how to use some computer software.

When: Mondays 9.30am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 11 September 2017

Improvers - IT for Improvers

Improve your computer skills and gain a qualification. Some of the things you could learn are:

- using the internet to find information
- using email
- making and editing documents with words and pictures
- taking, uploading and sending photos.

When: Thursdays 9.30am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 14 September 2017



Cooking

Simple Cooking for Beginners

This course will help you become confident in the kitchen. You can enjoy working together with other learners to plan and prepare simple food of your choice, with the support that you need. Learn some basic cooking skills and practise using them to make great food.

Please note there is an additional cost of £1.50 each session to contribute towards the cost of the ingredients.

When: Tuesdays 1pm - 3pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 12 September 2017



Round the world cooking

Take a tasty trip around the world. How to use spices and ingredients you may not have encountered before.

Please note there is an additional cost of £1.50 each session to contribute towards the cost of the ingredients.

When: Mondays 10am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 11 September 2017

Learn to cook a meal

This course is for people who have some experience of cooking but who would like to be more independent in the kitchen. You will learn some basic cooking skills and practise using them to make great food.

Please note there is an additional cost of £1.50 each session to contribute towards the cost of the ingredients.

When: Mondays 1pm - 3:30pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 11 September 2017

Reading and Writing

Reading and Writing Improvers

Whatever level you are, this course will help you improve your skills. On this course you will be assessed and then decide, with the help of the tutor, what skills you wish to improve and work on.

When: Tuesdays 10am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 12 September 2017

Reading and Writing basics

On this course you will learn all the letter sounds and how to use these to read and write words. You will have the chance to write stories, newspaper articles, postcards, play scripts and much more!

When: Mondays 10am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 11 September 2017

Creative Skills

Creative - Design make and sell

Try a range of different craft techniques. Use your creative skills to make things to sell. Let's be creative and share our skills!

When: Mondays 1pm - 3pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 11 September 2017



Rye Cafe catering

Rye Cafe Introduction to Catering

This course is suitable for learners who want to develop their skills for working or volunteering in a catering environment.

On this course you will learn:

- basic food preparation
- health and safety in the kitchen
- personal presentation
- customer service skills
- working as part of a team
- employment skills.

You will work in a cafe, preparing and serving food to members of the public.

When: Wednesdays 9.30am - 3pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 13 September 2017



Rye Cafe Intermediate Level 1 Certificate

This course is suitable for learners who already have some skills and/or experience of working in a catering environment. On this course, learners will further develop their skills in:

- food preparation
- health and safety in the kitchen
- personal presentation
- customer service skills
- working as part of a team
- food safety.

You will work in our cafe preparing and serving food to members of the public.

When: Thursdays 9.30am - 3.30pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 14 September 2017



Rye Cafe Advanced Level 1 Diploma

This course is suitable for learners who want to work towards a National Vocational Qualification (NVQ) by further developing their skills and/or experience of working in a catering environment.

You will create a folder of evidence as well as work in our cafe preparing and serving food to members of the public.

When: Tuesdays 9.30am - 3.30pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 12 September 2017



Courses for learners with multiple and profound learning difficulties

Sensory Cooking

Hot, cold, sweet and sour! Crunchy and soft! Explore different foods to excite the senses. Learn and experience different foods from around the world, explore different customs and how different cultures connect around food.

When: Fridays 10am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 15 September 2017

Out and About

Learn what is available to see and do in Derby. Hear about Derby's history and how it got its name? Learn how to travel confidently on public transport and find your way around by walking to different places. Gold card needed or bus fare. Expect to be outside and exploring local places.

When: Mondays 1pm - 3pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 11 September 2017

Heathly Living and Life Skills

Independent Living Skills

On this course you will be learning about the responsibilities involved in independent living. We will share ideas, and learn about how to shop effectively. Also use games and quizzes as well as practice what we have learned by going shopping.

When: Wednesdays from 1pm - 3.30pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 13 September 2017



Improve your confidence

Practise speaking out loud and saying what you think about music, the news and your choices using a variety of interactive activities including role-play and video.

When: Tuesdays 10am - 12pm

Where: Allen Park Centre, Allen Street, Allenton, Derby, DE24 9DE

Starts: 12 September 2017

Citizenship

On this course you will learn:

- about your role in the community
- your rights - to vote and to be safe
- responsibilities - to other people and the environment.

When: Thursdays 1.30pm - 3.30pm

Where: Allen Park Centre, Allen Street, Allenton, Derby, DE24 9DE

Starts: 14 September 2017

Life skills for deaf learners

What will I be learning?

You will be studying English for everyday life situations:

You will improve your:

Reading

- read key words
- read sentences and texts
- read signs, notices, notes and letters

Writing

- fill in forms
- spell key words
- write sentences
- use capital letters and punctuation correctly

When: Fridays 1pm - 3.30pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 15 September 2017

Being Healthy

Explore ways to, and practice, ways to become more healthy. We will explore how what we do affects how we feel.

When: Tuesdays 1pm - 3:30pm

Where: Village Learning Centre, Browning Street, Derby, DE23 8DN

Starts: 12 September 2017

Horticulture

On this course you will learn about practical gardening skills, safe use of gardening tools and caring for plants. You will be taking part in practical activities such as digging, weeding and pruning.

When: Wednesdays 10am - 12pm

Where: Normanton Allotments, Warwick Avenue, Derby DE23 6JR

Starts: 13 September 2017

Work Skills

This course is for people who would like to develop their employability skills in order to prepare themselves for paid or voluntary work. On this course you will learn about:

- the rights and responsibilities of a worker
- different jobs and what they involve
- the skills you need to get a job

When: Mondays 1pm - 3pm

Where: Allen Park Centre, Allen Street, Allenton, Derby, DE24 9DE

Starts: 11 September 2017

Staying safe in the community

On this course you will learn about accessing facilities in the local community and staying safe. You will help to plan and take part in visits to community facilities including shops, leisure facilities and cafes. You will identify dangers and practice being safe when out.

When: Fridays 10am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 15 September 2017

Maths

Maths for Shopping

Practise recognising and naming British coins and notes - and how to use them when shopping.

When: Wednesdays 10am - 12pm

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Starts: 13 September 2017



Maths skills for life

This course will focus on real life situations which involve maths, such as calculating change, paying bills, understanding special offers in shops, and working out measurements. Let's make maths useful for you!

When: Tuesdays 1pm - 3pm

Where: Allen Park Centre, Allen Street, Allenton, Derby, DE24 9DE

Starts: 12 September 2017