

Derby Adult Learning Service

Learning Opportunities for Adults

Courses for Learners with Learning Difficulties and Disabilities

April - July 2018

Derby Adult Learning Service has a number of courses specifically designed for learners with learning difficulties.

For further details, please contact the **Learner Helpline** on **01332 717900** or **enquiries@derbyals.org**.



www.adult-learning-derby.org.uk

enquiries@derbyals.org

Helpline 01332 717900

Enrolling on a course

For more information about, or to enrol on any of these courses, please contact Debbie Owen on 01332 717931, our Learner Helpline on 01332 717900, or visit one of our centres.

Support on your course

If you need support to learn, for example, a support worker, communicator, large print, personal care or specific equipment let us know. We will work with you to identify what you need and how we can best support you.

If you need support to get to your course, we may be able to help you with the costs of your transport.

For more information, contact the Learner Helpline on 01332 717900.

**Come along to our open morning on Wednesday 30 May
from 10am till 12.30pm.**

Meet our tutors. Find out what is on offer. Try some fun activities.

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Rye Cafe Catering

Rye Café Next Steps

This course is suitable for learners who want to develop their skills for working or volunteering in a catering environment and who have some knowledge of catering.

On this course you will learn:

- food preparation
- customer Service skills
- health and safety in the kitchen
- working as part of a team
- food Safety
- employment skills.

You will work in our café preparing and serving food to members of the public.

When: Wednesdays from 9.30am till 3.30pm for 8 weeks

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Start date: Wednesday 6 June 2018

Cost: Free / £172.80

Courses are free for most people who receive work-related or means-tested benefits, please ring us for more information.

Cooking

LLDD Basic Cooking

On this course you cook a range of basic meals and will learn essential cooking skills.

This course will help you become confident in the kitchen.

Please note there is an additional cost of £1.50 each session to contribute towards the cost of the ingredients.

When: Thursdays from 1pm till 3.30pm for 10 weeks

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Start date: Thursday 12 April 2018

Cost: Free / £90



Heathly Living and Life Skills

LLDD Skills for Volunteering

This course is for people who are thinking about volunteering.

On this course you will learn about the skills you need to become a good volunteer:

- working with other people
- health and Safety
- dealing with customers
- confidence building.

As well as finding about the different volunteering opportunities available in Derby and how to apply to be a volunteer.

When: Mondays from 10am till 12pm for 11 weeks

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Start date: Monday 9 April 2018

Cost: Free / £79.20



LLDD Horticulture Skills

On this course you will learn about practical gardening skills, safe use of gardening tools and caring for plants.

You will be taking part in practical activities such as digging, weeding and pruning on the allotment.

When: Wednesdays from 10am till 2.30pm for 11 weeks

Where: Normanton Allotments

Start date: Wednesday 2 May 2018

Cost: Free / £158.40

Makaton

LLDD Makaton

This course is for anyone who wants to develop their knowledge of Makaton signs and symbols for communication. You will learn some basic everyday vocabulary in sign and symbols and you will practice using these signs in conversations with others.

Vocabulary covered will include:

- feelings
- food and drink
- hobbies and interests.

When: Wednesdays from 1pm till 3pm for 12 weeks

Where: Rycote Centre, Parker Street, Derby, DE1 3HF

Start date: Wednesday 11 April 2018

Cost: Free / £86.40